

Visa

International exchange students have to apply for a visa. More information can be obtained from Russian Consulate in the related country.

Migration registration

On arrival in the Russian Federation a foreign student must be registered in the Ufa Department of the Federal Migration Service within 7 working days from the arrival day. To do this he/she has to submit within 3 days to the International Relations Department of the BSPU the following documents:

- passport;
- migration card stamped by the Border Control Body confirming the entry to the Russian Federation;
- visa (for countries with visa regime with Russia).

For applying for multiple visa and extending of the current visa validity a foreign student should present to the International Relations Department not later than 25 days before the expiry date of the current visa the following documents:

- 1) passport;
- 2) current visa;
- 3) migration card;
- 4) 3 matte not corner photos 3x4 cm;
- 5) certificate of HIF infection absence obtained not later than 3 days before the documents submission;
- 6) the detachable part of the arrival note;
- 7) state fee of 1 600 rubles, that is in average 20–25 € (depending on the current rate).

A student can ask for help a curator of his group, course or program.

Health insurance

It is compulsory for all exchange students to have health insurance which covers their exchange study period and is valid in Russia. At first insurance policy is necessary to obtain a visa. Moreover, students are to arrange on the arrival a Russian policy of medical insurance, which guarantees medical help in the PF. To get detailed information, students have to apply to the International Relations Department. The medical insurance policy costs 2 000 r. / 25–30 € on the average.

How to get to Ufa

The administrative campus and International Relations Department as well as the most of the learning campuses and dormitories of the BSPU are located in the historical center of Ufa. The city has a railway station and an international airport, which has a direct connection, in particular, with Istanbul, Antalya, Dalaman, Heraklion, Larnaca, Rhodes; Dushanbe, Khujand, Tashkent, Baku; Sharm El-

Sheik, Hurghada, Dubai; Goa, Nha Trang, Bangkok, Phuket. The travel by bus from the airport to the historical center takes about half an hour from the airport and about 15 minutes from the railway station.

Accommodations and Internet

Foreign students can reside in the students' dormitories, in the furnished rooms for 2–4 persons. The fee per month is 800–1 300 r. / 10–20 € for students of the CIS, Georgia, Lithuania, Latvia, Estonia and 2 300 r. / 30–35 € for the all other students. The catering services aren't provided in the dormitories. The dormitories are located within walking distance to the most of learning campuses.

In the dormitories students practically use "UfaNet" Internet connection. Depending on a tariff, a *personal* unlimited package costs 400–600 r. / 5–8 € per month. "UfaNet" user gets personal login and password, with a help of which he can connect the mobile devices and laptops to the Internet in the university Wi-Fi zones. Students can also buy a router of 1 600–2 000 p. / 20–30 €, which provides the Internet to all people in the room, and use an unlimited package of 400 r. / 5–6 € per month.

Dining services and cost of living

Students will need approximately 80–100 € per month to afford their basic expenses. There are a lot of supermarkets and shops in Ufa, where food and living essentials can be bought at a reasonable cost. Students often buy them at "Sverdlovskiy market" on the dormitory campus. Some culture and recreation organizations offer discounts for students.

The following list will give you an idea about the cost of living in Ufa (figures are approximate):

A packet of tea – 50 rubles (hereinafter – r.) / 0,65 €

A loaf of bread – 25 r. / 0,30 €

A bottle of water (1,5 liter) – 20 r. / 0,25 €

A cup of coffee – 30 r. / 0,40 €

A bus ticket – 20 r. / 0,25 €

A cup of tea – 20 r. / 0,30 €

A packet of milk – 40 r. / 0,50 €

Most of the university learning campuses have canteens and buffets, an average check of which is 100 r. / 1,5 €. There is "Pekar" bistro on the dormitory campus, where students can order baking, salads and second courses. An average check is 80–100 r. / 1–1,5 €.

Transport

Buses, trolley-buses, trams and private minibuses run regularly to and from the most parts of the city daily including weekends and holidays from early morning until midnight. To use city transport a student can arrange a discounted card and pay 10 r. / 0,13 € for a single ticket. A single ticket of private transport costs 20–30 r. / 0,25–0,35 €.

Money and banks

Russian currency is ruble (r.). 1 ruble is equivalent of around 70–80 €, depending on the current rate. Banknotes include 10, 50, 100, 500, 1 000 and 5 000 r., and coins 50, 10 and 5 kopecks (1 ruble = 100 kopecks).

Near the administrative campus there is a branch office of the “Russian Sberbank”, where the main bank procedures are realized. Besides, not far from the university “Uralsib”, “VTB” and other banks and ATMs are located.

Phone calls

In Russia there are 3 cell phone companies which operate mostly, “MTS”, “Beeline” and “MegaFon”. They provide a variety of tariffs responding to the needs of customers. Their offices are located near the administrative campus, as well as the branch offices of “Svyaznoi” and “Euroset” companies, selling the mobile operators services. Students can buy there any SIM-card and use it with their mobile phones to make internal and international calls.

Electrical and electronics devices

In Russia, 220 V AC and 50 Hz are used. Standard European plugs will fit into the sockets.

Recognition of learning

An educational level of an incoming student is determined on the base of an agreement between the home university and the host university and according to the comparison of programs. After the mobility period is completed by the student, the courses are shown on the transcript of records, which are to be recognized by the home university.

Language of education

The common teaching language for incoming exchange students is Russian, excluding disciplines, which are devoted to other languages. The university organizes courses of Russian language for incoming first-year students.

Library

The BSPU library is located in 7 learning campuses. It possesses the rich fund of educational, scientific, fiction and reference literature, periodicals, educational electronic recourses, theses and their abstracts. To use library services, students have to buy a library card of 30 r. / 0,4 €.

The central information and library complex is situated in the second learning campus. The complex includes a media centre, where students can work with electronic texts of theses which are kept in the Russian state library, use legal portals “Consultant” and “Garant” and electronic library systems; a room of scientific papers, theses and periodicals. The presentations of books and researches, readers’ conferences, theatrical performances and other events regularly take place in the central reading room.

Special educational and scientific literature is kept in the library departments, which are located in other learning campuses. Moreover, students can find literature with a help of an electronic catalogue.

The library is open 8:30–19:00 during the week and 9:00–17:00 on Saturdays. Besides working in reading rooms, borrowing service is also available.

The Republican library named after Zaki-Validi is located within a walking distance from the most of learning campuses. A student can sign up and easily get an access to the necessary literature.

Information support

Students always can learn the last university news, time-table and exam results, as well as get an access to library recourses on the official BSPU website. The most of university departments and student associations have a group in the social network “Vkontakte”, which makes the interaction with students easier.

Sport and leisure

Besides educational and scientific studies, the BSPU attaches great importance to social, cultural and sports activities of students. Conferences, round table discussions, exhibitions, concerts, competitions, festivals and other events constantly take place in the university. In particular, every year the talent contests “The Students’ Fall” and “The Students’ Spring” are organized, as well as “Ethnofestival”, which gives to foreign students an opportunity to demonstrate peculiarities of their cultures.

Students can be engaged in the activities of dance, vocal, theatre and other creative groups of the BSPU free of charge, as well as attend sports sections and participate in sports competitions, take part in volunteer activities.

Creative groups of the BSPU include:

- pop dance ensemble “Gratsiya”;
- folk dance ensemble “Kruzheva”;
- group of drummers and majorettes “Derzhava”;
- vocal pop group (VPG);
- Bashkir vocal ensemble “AltynAi”;
- theatre studio “A parte”;
- students’ press office.

The university has a sports complex which includes two swimming pools. In particular, “Burevestnik” swimming pool is located in walking distance from the most of learning campuses. A single visit with a student season ticket costs 100–150 r. / 1,5–2 €.

Practical conversations in Russian

English	Russian
Hello!	Здравствуйте! (<i>official</i>) Привет! (<i>with your friends</i>)
Good morning / good afternoon / good evening	Доброе утро / добрый день / добрый вечер
How are you?	Как дела? (<i>with your friends</i>)
Good bye!	До свидания! (<i>official</i>) Пока! (<i>with your friends</i>)
I am a student	Я студент
How much does ... cost?	Сколько стоит ...?
Could you tell me, where is ...	Скажите, пожалуйста, где находится...
Could you tell me, how to get to ...	Скажите, пожалуйста, как добраться до...
Do you have a city map?	У вас есть карта города?
Excuse me, please	Извините, пожалуйста
Thank you!	Спасибо!